

Navigation

Activity: Colouring Vegetation

Learning Objective: Learning about what colour the type of vegetation is on the map

Instructions:

- Print off the activity map of Shaganappi Park
- Look at Shaganappi Park on Google maps and try to colour the map's vegetation based on what you see.
- Compare your drawing to the actual Shaganappi Park map

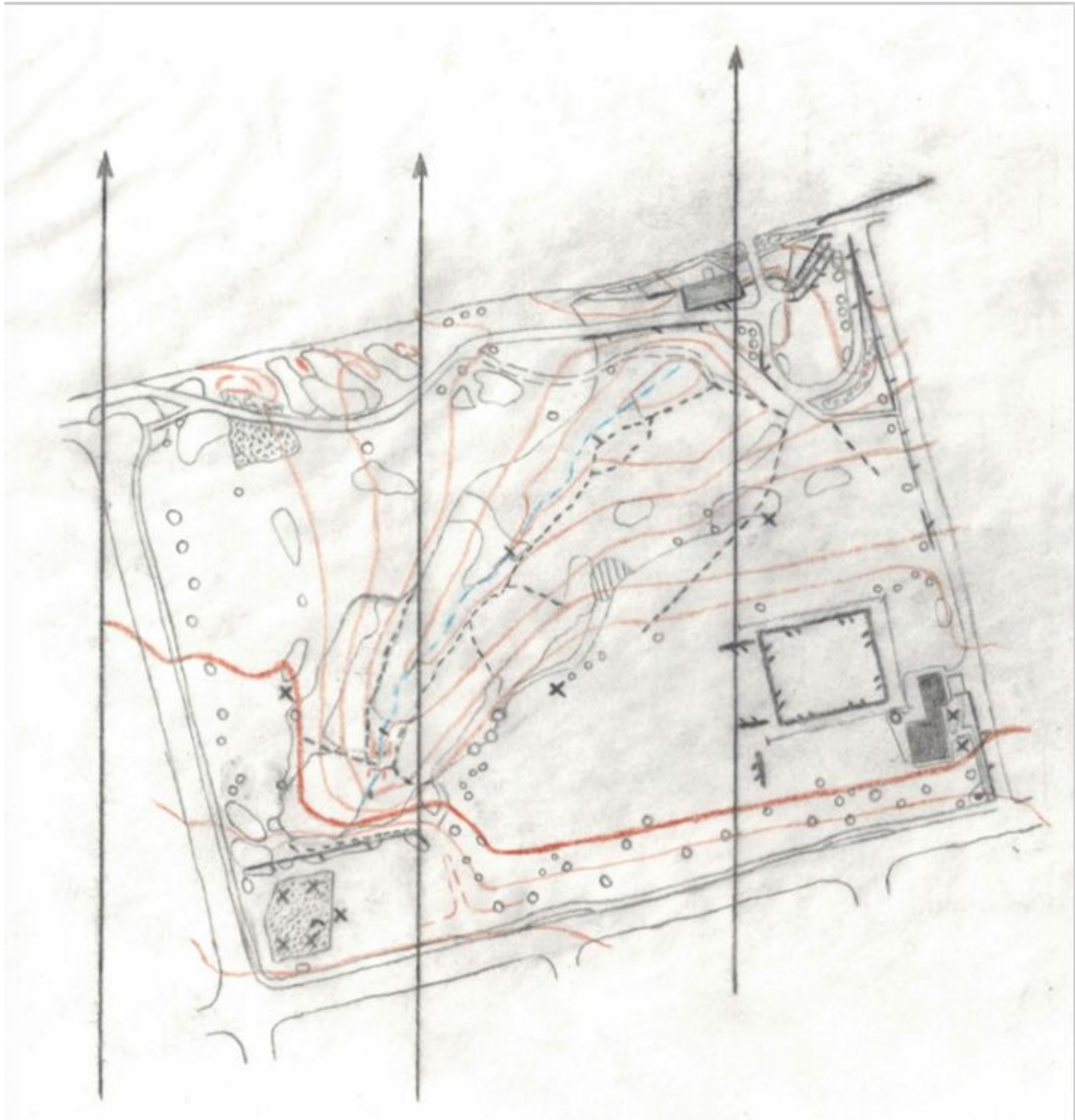
Equipment:

- Printer
- Pencil crayons
- Activity map

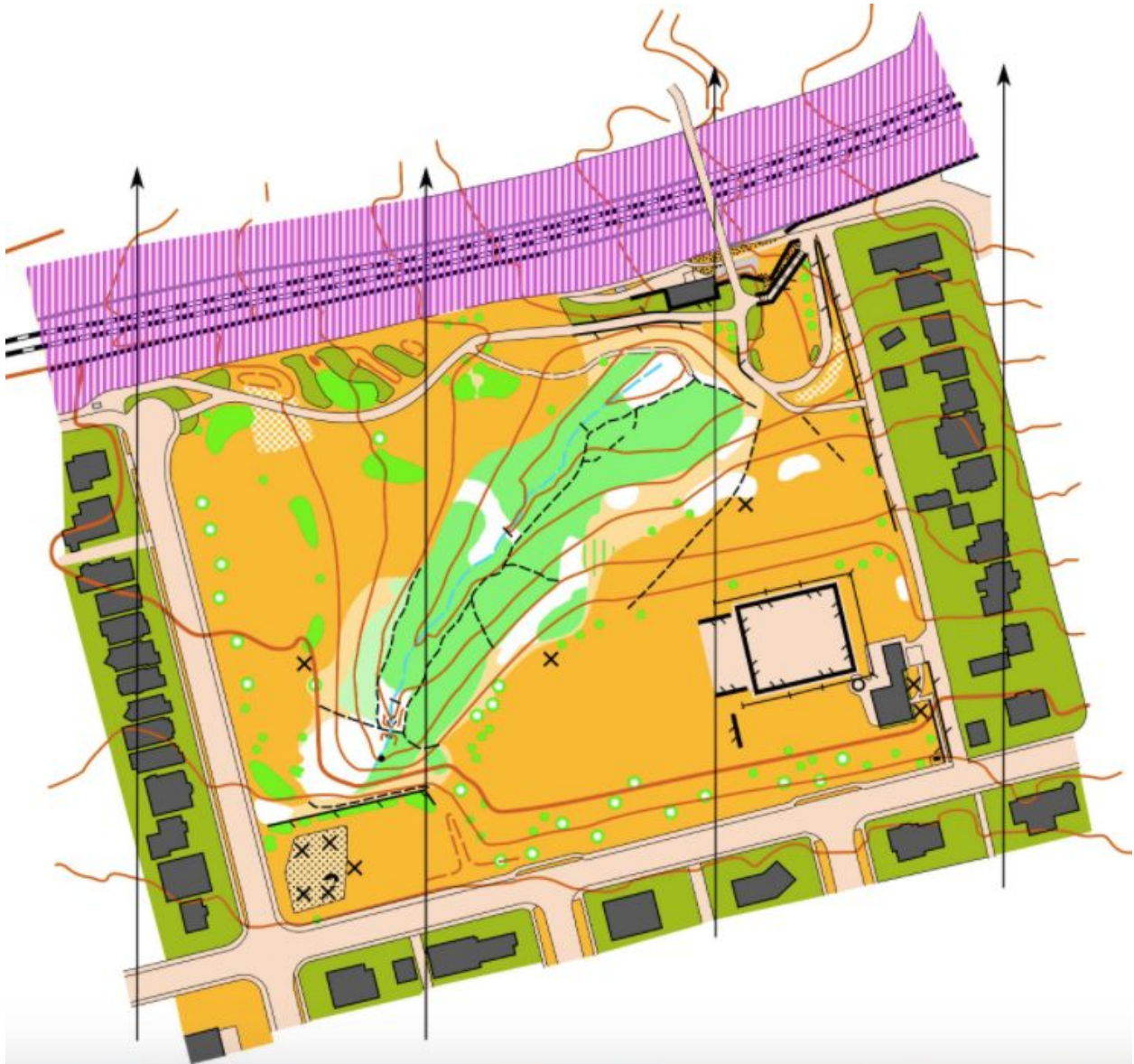
Vegetation Colour:



Activity map of Shaganappi Park:



Answer (Shaganappi Park map):



Endurance

Activity: Timed Loops

Learning Objective: Get the kids running the loop at a pace they can keep for the entire duration of the activity.

Instructions:

- Create a loop for kids to run around using string/pylons around your backyard, your community or a park nearby. The loop should take approximately one minute to run.
 - Feel free to have them run through and around trees.
 - Watch out for tripping hazards (eg. gopher holes).
- For the first loop, have the kids walk around it so that they know where it goes.
- Time the kids every lap after that and write the time on their arm.
- The goal is to have the kids run similar lap times every time.
 - This activity should take around 20 to 30 minutes.

Equipment:

- String/pylons
- Timer
- Marker