



Spring 2020 SOGO@HOME Adventure

Week 24 - Info sheet for Parents

X marks the Spot

This page contains the lesson plans and goals for “Week 24: X marks the Spot journal page. You will find the goals included in this page. If you have any questions please email us at squirts@sogoadventurerunning.com.

Drawing Challenge

Using our fine motor skills, we are practicing using our pincher grip (holding the pencil properly). We are building the muscles in our hands that we use for holding things, tying our shoes, cutting with scissors and writing among other daily tasks.

Have your child draw a dotted line path from the pirate ship to the treasure spot. Try circling around the obstacles in the sea.

This activity challenge is about observation and critical thinking skills as we ask children to look for and identify the obstacles in the ships path. We are look at ways we can avoid obstacles and navigate.

Neighbourhood Walk Adventure!

Working on gross motor skills through our movement. Try the movements below. We are working on fine motor skills by tallying the letter “X” and number “24”s we find. Tallies are a way to count in groups of 5. Draw ticks for each “x” or “24” you see. Draw 4 ticks next to each other, and the fifth tick across the first 4. We are practicing our early numeracy skills.

Try these challenges on your Neighbourhood Walk Adventure:

- Walking on only the crack
- Walking on the lines of the sidewalks.

1		6	
2		7	
3		8	
4		9	
5		10	

- Walking sideways (make sure to try on both sides)
- Walk 5 steps backwards
- Hopping (10 hops in a row)
- Skipping (Skip across a driveway)
- Standing jump (stand with feet together, jump as far as you can, land with feet together)
- Create a funny walk together

Pirate Song Activity

This song gets kids to use their locomotive skills as and adds on previous skills. Using music helps kids retain information they have learnt and adds to their muscle memory.

https://youtu.be/oe_HDfdmnaM