

SOGO Squirts Week 10

J is for Jump

We love to jump! This week we are looking at all the ways we can jump and all the animals that jump. Draw a picture of your favourite jumping animal.



Jumping Challenge

With a grown up create a hop scotch game either in your house or outside on the sidewalk! Hop the whole way on both feet. Hop the whole way on just one foot, then try the other foot! This is a tricky way to jump. If you want to challenge yourself, throw a coin onto one of the hop scotch squares and hop the whole way but skip the square your coin landed on.

Animal Challenge

Lots of animals jump or hop. This is really helpful for them to escape predators or to catch prey. Can you fill in the spots with names of animals that jump or hop.

Animal Tag

Choose someone to be "it" this person is going to be a large cat (like a lion or tiger), they are a predator. Everyone else is going to be the mice or prey (the animal that the lion or tiger would eat). When the predator catches you become the predator and they become the prey. Make sure you run and jump the way your animal does. Have fun by making the sounds that your animal would make!

Jumping Beans Challenge

In this game we are going to pretend to be different kinds of beans. One person is going to call out the different names of beans and everyone is going to move around the room like that kind of bean. Decorate these beans like the beans you are in the game.

